



CMC VELLORE CHITTOOR CAMPUS



YEAR BOOK 2019-2020

not to be
MINISTERED
UNTO
but to
MINISTER

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OVERVIEW

To cater to the needs of the growing population, CMC Vellore has branched out its services as an exclusive hospital campus at Chittoor in Andhra Pradesh since the year 2011. The CMC Vellore Chittoor campus is located around 29 km away from CMC Vellore hospital. (190 Ramapuram Village, 189 Kothapalle Post, Gudipala Mandal, Chittoor -517132, Andhra Pradesh). Quality medical care with optimal attention to patients forms the central vision of this institution. This campus is currently functional and is growing rapidly with modern infrastructure and amenities to emerge as a referral hospital in Chittoor, Andhra Pradesh.



The campus has 120 beds and four state-of-the-art operation theatres surgical equipment and advanced anaesthesia machines, which have been fully operational since September 2016. A total of 10000+ surgeries have been performed in patients from Chittoor district, the surrounding states as well as those from the neighbouring countries. The CMC Vellore Chittoor campus offers comprehensive medical care to patients under 26 specialty Departments, including a vibrant community outreach programme. Specialty surgeries include Paediatric Surgery, Orthopaedics, Orthopaedic Oncology, Spine,

Dental Surgery, Endocrine Surgery, Obstetrics & Gynaecology, etc., are also performed here. The in-house facilities for emergency and trauma care are fully functional with a highly experienced medical team.

The foot fall of out-patients and in-patients has been steadily increasing over the years and the campus has prepared itself to serve more patients in the future. CMC as an institution will constantly strive to be a beacon of hope for quality care to patients of all strata from various parts of the globe, in compliance to humanitarian principles.

Vision

The Christian Medical College, Vellore - Chittoor Campus seeks to be a witness to the healing ministry of Christ, through excellence in education, service and research.

Mission

The primary concern of the Christian Medical College, Vellore - Chittoor Campus is to develop through education and training, compassionate, professionally excellent, ethically sound individuals who will go out as servant-leaders of health teams and healing communities. Their service may be in promotive, preventive, curative, rehabilitative or palliative aspects of healthcare, in education or in research. In the delivery of health care, CMC provides a culture of caring while pursuing its commitment of professional excellence. CMC is committed to innovation and the adoption of new, appropriate, cost-effective, caring technology. In the area of research, CMC strives to understand God's purposes and designs, fostering a spirit of enquiry, commitment to truth and high ethical standards. Research may be aimed at gaining knowledge of the fundamental basis of health and disease, at improving interventions or in optimising the use of resources. CMC reaffirms its commitment to the promotion of health and wholeness in individuals and communities and its special concern for the disabled, disadvantaged, marginalised and vulnerable. CMC looks for support and participation in its programmes in education, service, outreach and research, from friends and like-minded agencies in India and abroad, in a true spirit of partnership. In its role as a living witness in the healing ministry of Christ, CMC seeks to work in partnership both with the Church in India and the universal Church, and their institutions.

Motto: "Not to be ministered unto, but to minister"

OP & IP Services



OPD patient waiting area

The CMC Vellore Chittoor campus has shown a significant growth and development over the past year. The Neonatal and Maternity Facilities were dedicated. More than 912 deliveries has been conducted since March 2019, the Chittoor district contributes to about 10% of the mother and bay related services in Vellore this been a bonus to the people of Chittoor. The Neonatal facility has the complete paraphernalia and staffing required to support ten babies in the nursery with postnatal wards which are spacious and airy. An emergency

obstetric theatre is also available in addition to four, state of the art operation theatres.

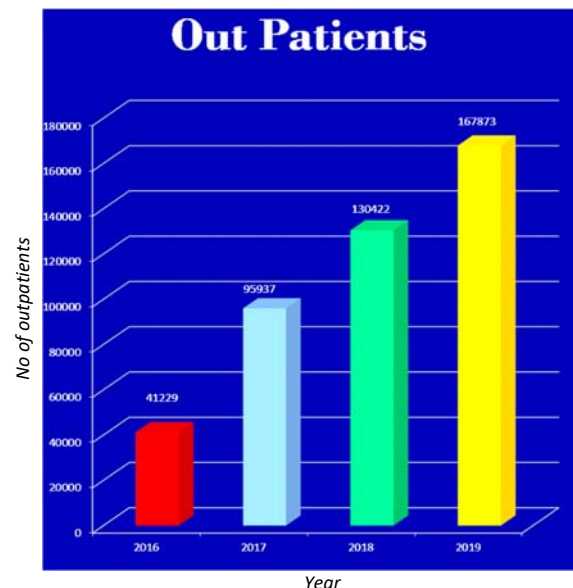
Over the period of the last year there has been a significant growth in patient numbers (more than 1,30,000 per annum) and 10000+ major surgeries being conducted. An active community health programme covering over 9 villages in the place, blood donation camps, school awareness programmes and camps for the disabled are active. The Physical Medicine and rehabilitation department with an orthotic centre is thriving.

OUTPATIENT SERVICES

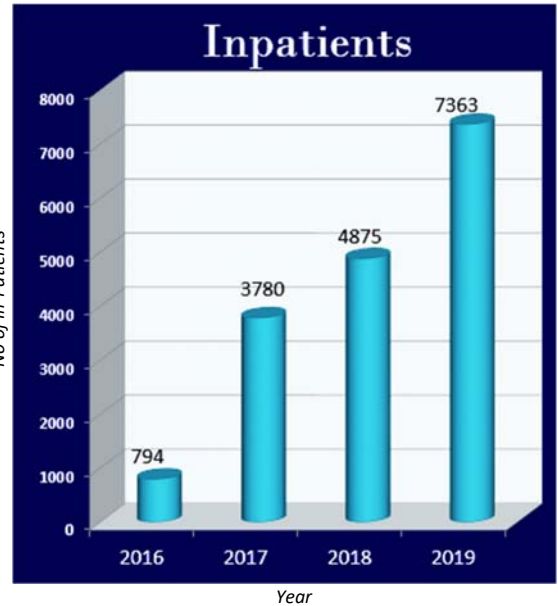
- ◆ Anaesthesia
- ◆ Cardiology
- ◆ Child Health*
- ◆ Dental
- ◆ Dermatology*
- ◆ Developmental Paediatrics
- ◆ Ear, Nose and Throat*
- ◆ Endocrinology
- ◆ General Medicine*
- ◆ General Surgery*
- ◆ Geriatrics
- ◆ Infertility*
- ◆ Obstetrics and Gynaecology*
- ◆ Ophthalmology*
- ◆ Orthopaedics*
- ◆ Pain Clinic
- ◆ Paediatric Surgery
- ◆ Physical Medicine & Rehabilitation*
- ◆ Psychiatry
- ◆ Pulmonology
- ◆ Toxicology and Occupational Health

- ◆ Urology
- ◆ Occupational Health and Toxicology

At present 45 Outpatient Cubicles present:
Air-conditioned



INPATIENT SERVICES



PHARMACY SERVICES



Pharmacy

From Aug 2016 to June 2019

ACCESSORY SERVICES

- Ultrasonography
- Echocardiography
- Audiology and Accessories
- Ophthalmology Accessories
- Spirometry
- Phototherapy
- Uroflowmetry
- Prosthetics and Orthotic Manufacturing Paraphernalia
- Physiotherapy and Occupational therapy
- Upper GI Scopy



EMERGENCY CARE

The Emergency department of CMC Vellore Chittoor Campus is committed towards creating an atmosphere of quality care and efficient service, featuring modern Emergency Medicine equipment's and state-of-the-art bedside monitoring capabilities.

Our Emergency Department is staffed round the clock by a team of dedicated and highly skilled Emergency Physicians, Paramedics and ER Nurses trained in dealing with all forms of Medical, Surgical, Cardiac, Poly Trauma, Paediatric and other acutely ill patients. All the items required will be made available during mass casualties.



Emergency cases are attended promptly with specialized doctors available on call in each Department.

In serious cases priority is given to the treatment and management rather than procedures of registration or initiating medico-legal cases. Considering a case as medico-legal is at the sole discretion of the Doctor and not with the patient or his/her relatives.



Emergency services at CMC Chittoor Campus provides 24/7 services to the patients who need medical help. It is a fully equipped unit for the care of all kinds of medical, surgical, Obstetrics & gynaecology, paediatric and trauma patient. Patients are seen by the experienced and skilled doctors. Every patient is reviewed by the Emergency Consultant and Consultant of the specialty. All the paediatric patients are seen by the paediatric consultant.

Online appointment services activated for the CMC Chittoor Campus

THE PATIENT PORTAL MOBILE APP

Patient Mobile App

DIGITAL PAYMENT
You can make payments using netbanking, credit/debit card.

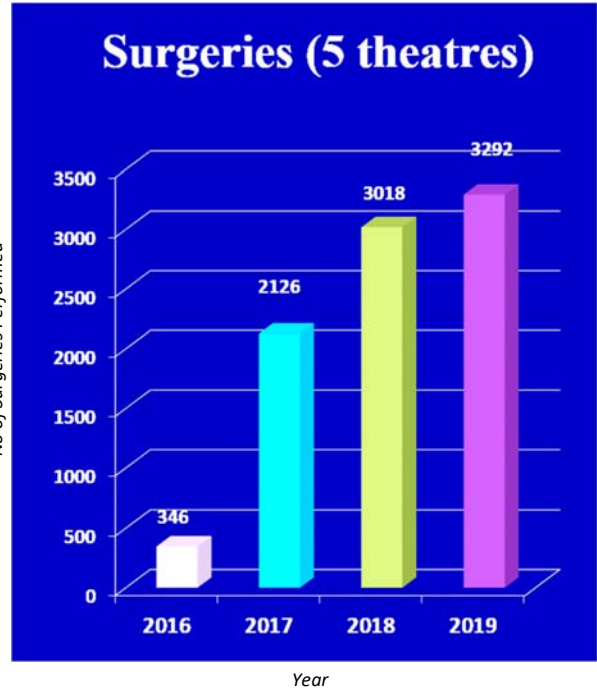
SECURE
The payments are secure and the process is easy to use

FAST
The services offered are fast and user friendly

- ✓ **Book Appointments**
- ✓ **Pay for Lab Orders**
- ✓ **Pay for Pharmacy Bills**
- ✓ **Pay for IP Bills**

OPERATION THEATRE

The campus has four state-of-the-art operation theatres, which have been fully operational since September 2016. The fittings inclusive of surgical and anaesthesia machines involve the latest technology. A total of 10,000+ surgeries have been performed during this period of time. The patients on whom surgeries were performed include those from Chittoor district, the surrounding states (from where a large proportion of the patients come) as well as those from the neighbouring countries. The surgeries involve several departments including General Surgery, Paediatric Surgery, Orthopaedics, Orthopaedic Oncology, Spine, Dental Surgery, Endocrine Surgery, Obstetrics & Gynaecology and several other specialities. The anaesthetic facilities are excellent and there are five highly experienced anaesthetists.



3rd Anniversary Celebration of the Operation Theatre at Chittoor Campus

On 1st October 2019 the staff of CMC Vellore Chittoor campus and the visiting surgeons celebrated the accomplishments and dedication by all staff of the Chittoor campus in making this place it is today, more than 8,782 surgeries have been completed in 3 years in the 5 available operation theatres. Dr Anil Henry welcomed all the Doctors, Nurses and the theatre personnel, followed by a Welcome song by the nursing staff "Showers of Blessing". The bible reading from 1Corinthians:13 was the lesson on which Dr Suranjan gave a short and reflective message reminding us of Dr Ida and her missionary work started in the early nineties. He put light on the need for the theatre staff to be child like, qualities of innocence, trusting, eagerness to learn and a hope for miracles. Love is what makes our actions and gifts useful Dr Ravi Kishore's expression of similitude

to Dr Ida's "three knocks "shows our relevance in being here. Our motto" To Minister, not to be ministered unto" needs to be ingrained in each one of us.

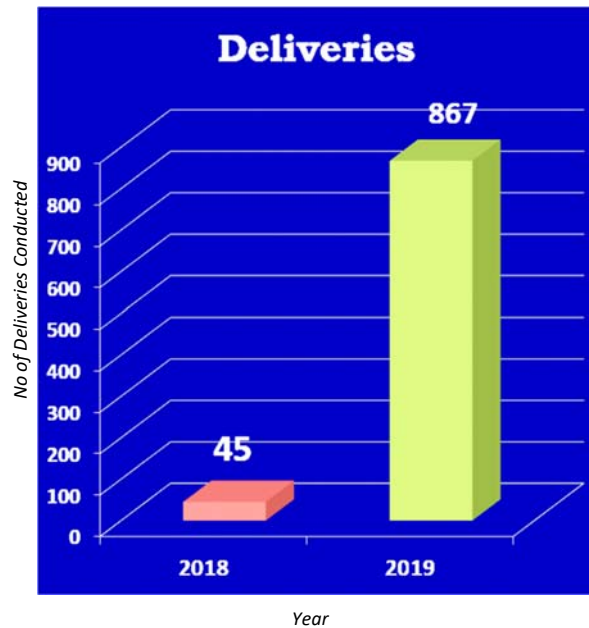


A skit that showed us all the changes that had taken place over a period of three year's was put up by the theatre nurses. Dr Manickam summarised how the theatre unit was started by Dr Nandhini and Dr Eunice; their relentless and selfless efforts along with the Nursing staff in theatre, in the wards our technicians and our operating

Doctors who have made it possible to make it an integrated hospital. Now the services offered are many more and has to keep increasing. Our Chief Guest of the day Dr Prasad Mathew was appreciative and thankful to all who were responsible for this immense change.

Inauguration of Labour Room & Nursery on 18.02.2019

On the 18th of February, 2019, the CMC Vellore Chittoor campus had its labour room inaugurated along with the newly refurbished nursery. The programme began with a prayer and a song of dedication by the Chittoor choir. The meeting was presided over by Dr. Annie Regi Head, Department of Obstetrics and Gynaecology, Dr. Sridhar, Head of Neonatology, Dr. Premila Lee, Nursing Superintendent, Dr. Selva Titus, Dean, CON, Dr. Vatchala Sadan, Dean Designate, CON and Dr. Suranjan Bhattacharji, former Director.



INFERTILITY CLINIC

Parenting is a blessing. With increasing incidence of infertility and rising price for its treatment parenting remains a dream for many. CMC Chittoor infertility clinic is the place where dreams turn real. Here we strive to offer you the best available standard of care treatment at affordable prices with utmost personal care tailored to individual conditions

Dedication of Andrology Lab on 11.03.2020

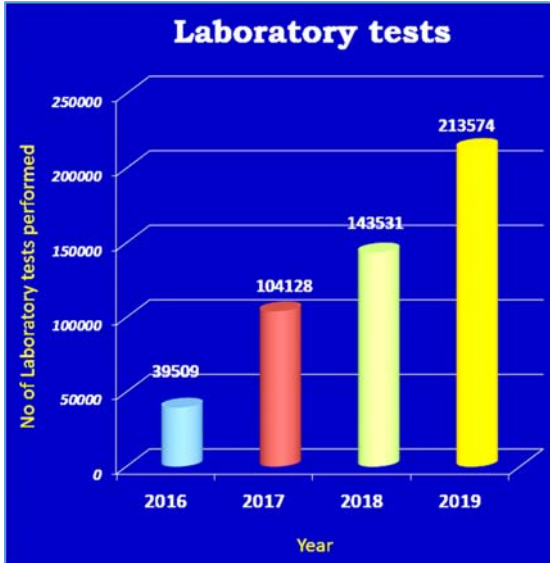
The Department of Obstetrics and Gynaecology, CMC Chittoor had started an Infertility clinic in June last year aiming primary level care. As part of extending the services to secondary level treatments, a state of the art Andrology lab was blessed on 11/03/2020. The services are being extended to semen wash analysis and intrauterine insemination in addition to fertility enhancing surgeries. The clinic runs from Monday to Saturday.



LABORATORY SERVICES

The hospital has a state-of-the-art laboratory that is well-equipped with the following: Centrifuge, Microscope, Water Bath, Colorimeter, Electronic Balance, Automated Cell Counter, Incubator, Ultrasonic Cleaner, Rh Viewing Cabinet, Blood Transport Container, AU 480, Blood Bank Refrigerator, Coulter Cellular Analysis System, Immuno Assay – i1000 SR, Bio-Safety Hood, ABL 80 Flex – Gas Analyser and the Abott Immunoassay machine.

The equipment is capable of doing a high output of tests and currently performs more than 12,000 tests per month. The tests which are performed include all clinical pathology, biochemistry, microbiology and virology-related tests. The laboratory is, undoubtedly, the best available in the area covering the districts of Chittoor, Ananthapur, Cuddapah and Kurnool. All stat (immediate) tests are available onsite. A number of cases of falciparum malaria have been identified and cerebral malaria has been treated. The hospital had the highest identification rate of H1N1 viral infections during the season. A number of patients with tuberculosis and drug-resistant disease have also been identified. A total of more than 11,000



outpatients are seen per month - a six-fold increase over two years. The patient load comprises all specialities including Internal Medicine, General Surgery, Paediatrics, Psychiatry, Anaesthesia, Orthopaedics, ENT, Ophthalmology, Endocrinology, Cardiology and Community Health.

Radiology Suite Dedication on 14.11.2019

The radiology suite is located at the foot of a scenic 300 foot hill adjacent to the paediatric outpatient block. The turning of the Sod was conducted in the presence of all the senior radiology professors and the general superintendent. Dr Sridhar spoke of the 5 'p's which are responsible for setting up such a facility: patience, persistence, parsimony, punctuality and perfection. He said that the scope for setting up such a facility would be a boon to the local community. There is only one CT scan machine in Chittoor at present and no MRI facility. Patients with many common ailments would benefit from such an imaging facility once this was ready. The timeline for building the facility is 4 months and is anticipated to be ready by March 2020.



COMMUNITY WELFARE PROGRAMS

The Community Health Department is keen on providing primary care to the community around the Chittoor campus. Instead of duplicating the services, we would like to explore the possibilities of working with the government. Based on earlier discussions with the Deputy Director of Health Services of Chittoor district, the priority areas would be maternal health services for high-risk pregnant women, growth monitoring, nutrition and screening, and treatment for non-communicable diseases.

Village Clinics

Weekly once Morbidity clinics are conducted for the people in the village.

Main users are patients with non-communicable diseases like diabetes and hypertension.

At present we have 4 clinics

- At Bandapalli (On every Tuesday)
- At Mapakshi (On every Thursday)
- At Chittapara (On every Friday)
- At Kanipakkam (Once a month clinic)



Village Camps

We conduct village camps in the surrounding villages, organized by the local community leaders. The main activities of the camps are



Health Education

On the current health issues in the village

Screening

- For diabetes and hypertension for those above 40yrs and vulnerable groups
- Visual impairments

General Health Check Up

All age groups

Referrals

The patients who require further evaluation and treatment or specialised care are referred to the base hospital at Chittoor Campus.

Blood Donation Camps

Blood donation camps were organised along with the CMCVELLORE Blood bank for

- College students at CNR College Gudipala
- Hospital staff and relatives of patients at Chittoor Campus



School Health Program

School health check up in the local and private schools for staff and students.

- Adolescent health
- Dengue fever which is endemic in the local area



Organic Farm

Making a model farm to educate people to grow their own vegetables and eat healthy.

Inputs from the local government organic farmers and environmentalist are utilised.



Social Activities in the Village

- Interactive sessions with the women self-help groups on various issues in the village
- Starting alcoholic counselling for the patients and caregivers at home, along with psychiatry department
- Mental health awareness and survey is being planned
- Geriatric club
- Getting the Geriatric age group to have interactive sessions once a week is planned



Village Development Program

Interactive sessions on farming and water conservation are being organised for the local farmers

Tuberculosis control Programme

- Patients suspected of having tuberculosis are screened with sputum CBNAAT TEST by the District Tuberculosis Centre in Chittoor
- The Public Private Partnership TB PROGRAM and Community health and Pulmonary medicine together are working on this project
- Process of starting a DOTS Centre at Chittoor Campus is on with the District RNTCP



CMC CHITTOOR - COLLEGE OF NURSING



Adjacent to the Northern side, in the CMC, Vellore Chittoor campus, a new facility for the College of Nursing was dedicated on 25th February, 2019. When the proposition for the Chittoor Campus was obtained, the major mandate by the state of Andhra Pradesh was to set up a Christian health care centre and an educational institution of excellence. In keeping with this mandate, the dedication of the College of Nursing facilities is indeed an endeavour of much significance.

After the prayer of dedication by Rev. Dr. Arul Dhas, the College of Nursing flag was hoisted by Dr. Sulakhsni Immanuel, former Dean College of Nursing. Starting a Nursing College in the Chittoor campus will prove to be strategic in further enhancing the growth of good clinical care centres across the nation. The college when it begins to function will generate fifty B.Sc. nurses and eventually twenty five PBBSc nurses per annum.

Selection for the BSc Nursing, 1st Batch (2019-2020) held on 27th November, 2019.

After a period of 110 years, The Christian Medical College Vellore, as an institution witnessed the birth of a new nursing educational programme in a different state. On November 27th, 2019, a team consisting of the faculty of the College of nursing at Vellore, the principal's office and the registrar's office together with the newly appointed faculty of the College of nursing, Christian Medical College, Chittoor campus participated in an intense selection programme that commenced early in the morning and progressing late into the night. Following affiliation to the Dr NTR Medical University, of Andhra Pradesh, the College of nursing Christian Medical College Vellore, Chittoor campus selected 50 students for the course of BSc in Nursing.



The students selected are from a diverse background, including Tamil Nadu, Andhra Pradesh, Karnataka, Telangana, Orissa, Chattisgarh and other states of India. The Administration would thank all those involved directly and indirectly for all the support received in this process and for the events that over the last 13 months that have led to the conception of this momentous event. We thank God for his boundless mercies.

Starting a Nursing College in the Chittoor campus will prove to be strategic in further enhancing the growth of good clinical care centres across the nation. The college when it begins to function will generate fifty B.Sc nurses.

ALLIED HEALTH SCIENCES

At present we are running allied health sciences courses listed as below affiliated to CMAI.

CMC Vellore-Chittoor Campus Courses

Name of the course	Open category	Minority Network category	Total	Course	Internship
Diploma in Anaesthesia Technology# (Affiliated to CMAI)	2	2	4	2 yrs	1 year
Diploma in Hospital Sterilization Technology (CMAI affiliation awaited) #	1	1	2	1.5 yrs	6 months
Diploma in Medical Laboratory Technology# (Affiliated to CMAI)	2	2	4	2 yrs	6 months
Diploma in Optometry# (Affiliated to CMAI)	2	2	4	2 yrs	-



CHAPLAINCY DEPARTMENT



The Chaplaincy Department was started with one Chaplain posted and supported by the Chaplaincy Department of CMC Vellore to take care of the spiritual needs of the Chittoor Campus. As with other Departments this has also evolved in the last year with the starting of the Nursing College and increased patient load.



We now have regular Sunday evening worship services to cater to the needs of students as well as of the staff and patients.

Other activities include daily prayers in the OPD, Wards, Maithri fellowship for all cadres of staff and staff retreats.

We have also initiated the SALINE process training for equipping staff to be effective witnesses.

Counselling and prayer support for patients and staff is main strength of the Chaplaincy Department.

STAFF QUARTERS DEDICATION ON 31.01.2020

The Staff Housing of B,C and E quarters at the Christian Medical College, Vellore, Chittoor campus in Andhra Pradesh was inaugurated on 31st January, Friday in the presence of members of the Council, the Chairman: Mr Barkos Wajri and the Vice-Chairman: Dr John Oommen. This is the first of a set of 4 building projects that are to be commissioned in the next few months, which include the Working Women's Hostel, the Chattram (Patient rest house) and the Radiology suite. The programme was commenced by a word of prayer. Special songs were rendered by the CMC Vellore Chittoor campus nursing students. There were words of inspiration shared by Mr Barkos Wajri and Dr Vikram Mathews, Associate Director on behalf of the administration. Dr Nihal Thomas heaped many accolades on the engineering team and the



contractors for having carried out this challenging project. Built on a hilly region on an elevation on rocky ground, the building has a number of special features in that it is thermally friendly, being exposed to the South East breeze and shaded from the western sun by the hill in the backdrop. Dr John Oommen, highlighted the fact that this building was a major milestone in the history of the Chittoor campus, thereby enabling several staff to be easily accessible for the purpose of patient care. He also stressed the primary aspects of dedication towards patient care as the primary motive of the institution, and that the essential ethos in general should be of primary importance while complimenting structural and engineering advantages. The prayer of dedication was given by Rev Dr Eprem. The vote of thanks was rendered by Dr Abraham Joseph.

Dedication of the foundation of the working women's hostel and Patient relative rest house (Aashraya)

The dedication of the foundation of the working women's hostel (for nurses and technicians) at the CMC, Vellore Chittoor Campus, took place and construction of the facility is now in full flow. A patient relatives rest house (Aashraya) supported by the batch of 1991 is also being constructed and the dedication was done in the presence of the batch. The buildings will accommodate clinicians towards the end of this year; and nursing and technical lady staff towards the beginning of the coming year. This first major housing project is located on a hill three hundred feet above surrounding plains of the North campus. Much care has been taken during the process so as to not disturb the biodiversity, flora and the fauna of the surrounding area and the opposite side of the hill which is the home for deer, rabbits and multiple species of birds.

Adjacent to the Northern side, in the CMC, Vellore Chittoor campus, a new facility of the College of Nursing was dedicated on 25th February, 2020. When the proposition for the Chittoor Campus was obtained, the major mandate by the state of Andhra Pradesh was to set up a health care centre and an educational institution of excellence.



Republic Day Celebration on 26.01.2020

On the 26th of January, 2020, Sunday, the community on the CMC Vellore Chittoor campus commemorated the 71st Indian Republic day. The Special guest speaker for the programme was Er David Chandran: the general superintendent of CMC, Vellore. The programme was highlighted by an inspiring skit put up by the nursing students of the CMC Vellore Chittoor College of nursing on National integration.



World Diabetes Month Celebration - EXHIBITION held on 06.12.2019

In commemoration of the World Diabetes Day 2019, the Department of Endocrinology, Diabetes & Metabolism at Christian Medical College, Vellore organised an Exhibition on 6th December, 2019 in the CMC Vellore Chittoor Campus between 9.00am and 3.00pm, on the theme "FAMILY AND DIABETES". The Departments of Cardiology, Ophthalmology, Dentistry, Nephrology, Physiotherapy, Prosthetics & Orthotics, Dietetics along with the Department of Endocrinology, Diabetes & Metabolism put up stalls which disseminated awareness about diabetes, its complications and the scope for its prevention. Screening for diabetes was performed for 167 patients. Foot and eye examination too was done for them. They were also educated on the various challenges they would face and how they can be overcome. The exhibition began with a word of prayer by Rev. Vijayakumar. Dr. Sowmya Sathyendra, Professor & Head, Medicine Unit-3, CMC Vellore was the Chief Guest for the day.



Multilingual carols at CMC Vellore Chittoor campus on 06-12-2019

Multilingual carols at CMC Vellore Chittoor campus on 06-12-2019



Children's Day Celebration (2019) at CMC Vellore Chittoor Campus on 14.11.2019

Children's day was celebrated with pomp and enthusiasm at the CMC Vellore Chittoor Campus. Gifts and sweets were distributed amongst the Children. Dr Jennifer Winget, Dean of Medical Education at the University of Aberdeen was the Chief guest.



BIODIVERSITY AT CMC CHITTOOR CAMPUS

We have been taken at most care during the campus development process so as to not disturb the biodiversity, flora and the fauna of the surrounding area and the opposite side of the hill which is the home for deer, rabbits and multiple species of birds



CONTACT INFORMATION

Address

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Our Social Media Accounts

Facebook : <https://www.facebook.com/ChristianMedicalCollegeVelloreChittoorCampus/>

Youtube : <http://www.youtube.com/c/CMCVELLORECHITTOORCAMPUS>

COLLEGE OF NURSING CMC CHITTOOR CAMPUS

Location of College of Nursing

College of Nursing,
CMC Vellore Chittoor Campus,
No.39-1, Vellore Highway,
Gajulapalle Cross,
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Chapel at CMC Chittoor Campus

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